



### New Glow Medspa - Chemical Peel Informed Consent

A chemical peel can be used to diminish the appearance of fine lines and wrinkles, improve texture, reduce pore size, increase hydration, give skin a smoother appearance and diminish the appearance of hyperpigmentation. Layers of product are applied based on your unique skin composition and needs. Multiple treatments are required to obtain optimal results spaced 2-6 weeks apart. Due to variables, such as age, condition of your skin, sun damage, smoking, skin care products, climate, life-style, and general health, you acknowledge that there are no guarantees, warranties, or assurances that you will be satisfied with your results.

#### Contraindications for This Treatment Include:

1. Pregnancy/Lactating.
2. Herpes Simplex (cold sores). An anti-viral medication may be necessary prior to treatment.
3. Extensive sun or tanning 3 days prior and 3 days post treatment.
4. Accutane in the past 6 months to 1 year.
5. Topical retinol products in the past 2 days.
6. Waxing of the area to be treated in the past 7 days.
7. Any other light chemical peel within 14 days of the treatment.
8. History of aggressive peels or ablative treatments within 6 months to 1 year.
9. Skin must be healthy and intact.

#### I am aware of the following risks:

- Mild to moderate discomfort as stinging, pin-pricking, heat, or tightness.
- Slight redness or swelling of the skin, usually lasting only a few hours.
- Sun sensitivity, exposure to direct sun and tanning beds can cause hyperpigmentation.
- Skin sensitivity. The skin may be sensitive during the peeling process. Do not pick or rub, do not use buffs or scrubs, and do not use exfoliating products while you are peeling. Allow your skin to exfoliate on its own or you may cause post-inflammatory hyperpigmentation.
- Pigment Changes (Skin Color). During the healing process, there is a slight possibility that the treated area can become either lighter or darker in color compared to the surrounding skin. This is usually temporary.
- Scarring. Scarring is a rare occurrence, but it is a possibility when the skin's surface is disrupted.
- Allergic Reaction. Some ingredients may cause an unanticipated allergic reaction.

**Release for treatment:** I certify that I have read this entire informed consent and that I understand and agree to the information provided in this form. I understand that withholding information may result in contraindication and/or irritation to the skin from treatment received. The Treatments I receive here are voluntary, and I release institution New Glow Medspa LLC and professional technician Maria Mathern from liability and assume full responsibility thereof. I agree that this consent supersedes any previous verbal or written disclosures. This consent is valid for all of my peel treatments in the future as well.

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Signature of Patient

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Print Name

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Date

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Signature of Practitioner

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Print Name

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Date