



**New Glow Medspa
Nd-Jag Laser – Pre and Post Treatment Care**

Pre-Treatment:

- Notify your practitioner of any medications you have used within the last 6 months.
- Discontinue use of skin care products containing AHA's, retinoids, exfoliants 1 week prior to treatment.
- Notify your practitioner if you have a history of perioral herpes.
- Shave or trim any hair in the area to be treated. This will help achieve the best possible results.

Post-Treatment:

- You may return to your normal daily activities immediately after your treatments.
- Avoid extended sun exposure or tanning for at least 1-week post treatment.
- Any redness that occurs, if any, should disappear within a few hours after the treatment, and if you would like, apply an ice pack.
- Use of a broad-spectrum UVA/UVB SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

Signature of Patient (or Parent)

Print Name

Date

Signature of practitioner

Print Name

Date